

An invitation to the 'Jeevan Vidya Workshop'

– An introduction to the *Madhyasth Darshan* (Coexistential Philosophy, *Saha-Astitva-Vaada*) of A.Nagraj

Background, the Need.

Human Beings on this planet have always grappled with answers that explain creation, themselves, the material reality outside, life, human happiness, relationships, social and economic systems. Some of us might have already put in a lot of efforts to seek the answers to these questions without any bias.

If you have been a long-term seeker - you would have seen by now that materialism helps to achieve many things externally, but leaves an 'emptiness' inside. On the other hand, philosophies/darshans/approaches that focus solely on 'internal experience' seem to deny or ignore our first-hand human experience of the outside world, its many relationships, systems & conflicts that affect us. 'Withdrawal' from 'all this' doesn't seem satisfying.

Neither the approaches of 'consuming our way out' (consumerism) or 'meditating our way out' (renunciation) seem to have worked for us humans. i.e., we find that 'Human Purpose' is still unclear.

Is there any approach, any philosophy that reconciles these seeming contradictions and provides holistic answers without denying our internal or external experiences? Something that covers all facets of external reality, individual experience, familial, educational, economic and social systems?

That explains & leads to qualitative improvements in our human experience – 'here'?

Madhyasth Darshan could be the answer. We say 'could be' - because this is not a belief system. The methodology is dialogic. The seeker needs to verify in their first-hand experience if it is indeed the answer - for their own questions and the questions of the world.

This workshop - A Comprehensive View of life in 7 days that deliberates on:

1. Study of the Human | Study of Existence, Reality | Study of man's relationship with everything else | Study of Humane Conduct | Human Destiny
2. Human Purpose | Humane Education | Humane Society | Humane Governance & Systems of living
3. Fundamental Nature of Reality, Consciousness, Mind & Brain co-relation
4. Spiritual, Intellectual, Behavioural & Material aspects of Human: their enquiry, experience & fulfillment
5. Universal Human Society: Humanistic Education, Production & Banking, Justice, Security, Health Systems. Universal Human Religion. Humane Sociology, Economics & Psychology.
6. Purpose & nature of family, Parenting, understanding interpersonal Behaviour, dealing with deviations.
7. Happiness, Peace, Contentment and Bliss. (sukha, shanti, santosha, ananda)
8. 'Traditional concepts': *Brahman, Jarha, Chaitanya, Chetna, Citta, Buddhi, Birth & Death, bandhana, mukti & moksha, Drishta, Drishti, Darshan, Drishya, adhyatma, drishta-karta-bhokta, jnana. Satya dharma nyaya.*
9. 'New Concepts': *sam vishama madhyastha; shram-gati-parinama; madhyasth satta, madhyasth kriya, madhyasth Jeevan, sampriktata, etc. Amanava, manava, dev manava, divya manava.*

Method of Presentation

- Dialogic: Proposals made, participants have to assess validity of the statements based on scrutiny & observation.

Objective of Sharing:

- Non-monetary, shared out of responsibility towards Society, other humans.

Benefits of the introductory 7 days session.

1. Cuts through the clutter. Comprehensive, Integrated view of Reality, Myself and all aspects of my Living
2. Move away from mysticism & blind belief. Better understand true meaning of 'spirituality', meditation, etc.
3. Ascertain the 'ultimate human purpose' behind all the current Goals we have.
4. Helps focus on ignored areas of Living: Behavioural, Intellectual, Spiritual and Health. Sharpens Mind, logic & intellect.
5. Better understand other humans & inherent relationships; Find place and purpose of family life. Be a better Parent, a better Spouse, a better Brother, a better Child, a better Friend.
6. Clarify your Relationship with Material things and money.
7. Expand your living: Find role & meaningful participation in Society.
8. Place yourself in the grander evolution, in the Cosmos.
9. Get a clear picture of human living and its fundamental purpose with a concrete pathway to get there.

Next Steps after introduction:

Those interested can go on to serious, life-long study & practice of the 'Darshan' texts comprising of 4 Darshans, 3 Vaadas, 3 Shastras – www.madhyasth-darshan.info

About Madhyasth Darshan

Madhyasth Darshan (Jeevan Vidya) or 'Coexistential Philosophy' is a new discovery, a 'darshan' (vision), by A.Nagraj of India, via the method of meditative '*sadhana–samadhi-sanyama*'. It propounds that 'Existence is fundamentally in the form of Coexistence'. It has not related to past knowledge systems.

The possibility for humans to be imbued with 'human-consciousness', 'humanness' & wisdom, to be awakened, is expedient in the form of Madhyasth Darshan (Coexistential Philosophy). This is a proposal for an Undivided Human Society & Balance in Nature. Human Race is One. Human Religion(*dharma*) is Universal.

The 'hard problem of consciousness' has been solved. The 'conscious-atom' (*Jeevan*) has been discovered, its structure, workings & destiny have been unraveled. The expectation of 'jnana' (knowledge) from India (Bharat) has now been completed.