



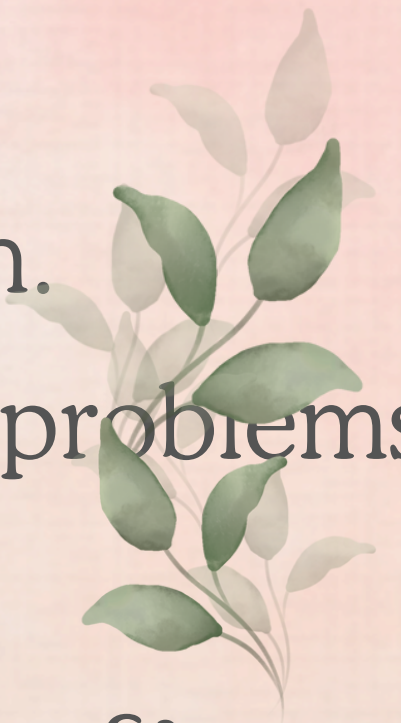
# About the Jeevan Vidya Workshop

*A Study of Coexistence*



# What is Jeevan Vidya?

- 'Jeevan Vidya' is a proposal to understand all of Life.
- It is based on a new darshan (philosophy).
- It provides comprehensive clarity on all aspects of Reality & the Human Being.
- The study is through objective inquiry, self scrutiny & examination.
- It provides resolutions for our multidimensional dichotomies and problems - via awareness & consciousness development.
- It offers a new direction to us humans to live wholesome, coherent & meaningful lives.
- This understanding embodies in humane living.



## **Jeevan Vidya...**

- Does not aspire to establish a sect or a commune.
- Is not based on any prevalent religion, spiritual school, philosophy or ideology.
- Is free from money or fame
- Is not connected with politics.
- This 'teaching' is never charged.



# Problems...

## **Personal life. *Lost?***

- contradictions
- dejection

## **Family & Relations. *Suffocating?***

- discontentment
- breakdowns



## **Society. *Disintegrating?***

- inequality
- hatred



## **Nature. *Climate Change?***

- depleting forests & animals
- polluted soil, air & rivers

## What are:

- ***Immediate*** solutions to the ***worlds*** many **problems?**
- ***Permanent*** solutions to the ***worlds*** many **problems?**
  
- ***Immediate*** solutions to ***my*** many **problems?**
- ***Permanent*** solutions to ***my*** many **problems?**





There is no satisfaction point for the hoarding of material comforts -  
an outcome of **Materialism**.

**Spiritualism** is steeped in mysticism and has challenges explaining  
the observed world.



# The Jeevan Vidya Workshop - A Lifetimes Journey

*- Starting with a few days*



## **study yourself**

- unravel your mind
- attain clarity



## **examine reality**

- discern life & evolution
- harmonize with nature



## **understand people**

- accept compassion
- nurture family & society

## **The Content:** *A Serious Enquiry into...*

- Why and How we are as Humans
- Origins & workings of the Mind & Consciousness
- The *true* nature of Happiness & Contentment
- Human Relationships, Marriage & Family
- Society - goals, multidimensional problems & resolutions
- Nature & Evolution



**Covers every conceivable aspect of human cognition & living.**



# Topics covered

**What are these &  
how are they related?**

**Human Nature  
& Purpose**

**World &  
Reality**

**Happiness &  
Contentment**

**Awareness &  
Equanimity**

**Mind &  
Consciousness**

**Evolution &  
Destiny**



**How do we resolve issues  
in living?**

**Relationships &  
Conflict**

**Parenting &  
Education**

**Ecology &  
Balance**


**Society &  
Issues**

**Affection &  
Generosity**

**Money &  
Happiness**



## Core Message

- Our problems , inhumanness & delusions are due to a lack of understanding.
  - Understanding = **Awakening** (*jagriti*) to **Coexistence** in all aspects of Reality & Human Living.
  - Humans on this planet are currently in a state of 'awakening progression'. (*jagriti-kram*)
  - We can become 'Awakened' ( & Resolved & Happy) via **Knowledge & Practice** of the Reality of Coexistence.
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# The Method of Communication

- Jeevan Vidya is presented as an '*Alternative*' to Materialism & Spiritualism
- Not based on any existing or past concept, tradition or text.
- Facilitator puts forth proposals based on Structured Theory for participants to examine & reflect
- Participants are free to examine and test: logically, intuitively, practically
- Enables a phenomenon of '**direct perception**' of Reality to take place
- No sermonizing or coercing - *process of dialogue*



## **The Experience**

**“Intellectually Stimulating**

**Emotionally Elevating**

**Intuitively Insightful**

**Socially Meaningful**

**Existentially Expansive”**



“from haziness to clarity ...

from arrogance to simplicity...

from selfishness to generosity...

from hatred to love...

from illusion to awakening...

from inhumanness to humanness...”

***“fundamentally changed my view of myself & the universe”***



## The Outcome

- *“Just as we use the laws of physics to unravel nature, so also Jeevan Vidya provides the foundational laws of human living by which we can **decipher & resolve problems** in every aspect of our lives.”*



- Helps participants **‘see’** & make sense of the **‘whole’**
- *" Equips you with the mental & behavioural capabilities to decipher the complex fabric of human life...like a suitcase of knowledge you can unpack the rest of your life..."*



## The Basis

- 'Jeevan Vidya' means the study of conscious ('jeevan') nature.
- It is based on a new *darshan* (vision) called *Saha-Astitva-vaad* (Coexistential Philosophy) by Shri A.Nagraj of India.
- This is a ***new discovery*** of the nature of consciousness, reality & human purpose.
- It proposes an **Undivided Human Society** & Universal Human Order.
- This understanding embodies as **harmony in humane living** - in Self, Family, Society & Nature.
- This is a ***fundamental*** breakthrough for ***critical human questions***.



# Some Clarifications about the Workshop

## What this is not

- Is **not** based on any existing religion, spiritual school, or ideology
- Is not just a 'system': is a *means* to knowing **reality**.
- Does **not** intend to establish a sect, commune or 'followers'.
- No 'quick-relief' - needs comprehensive **study** & practice.

## On Money

- Participants bear their own boarding & lodging costs
- No one is denied a place for want of money.
- The 'teaching' is **never** charged; not a 'donation' system
- We share this for Universal Good



# Questions Intriguing Humanity

**What** is 'out there'?

**How** did we get here?

what is the **world** made of?

what is our **purpose** in this world?

what do we really **want**?

why are **people** the way they are?

why do we humans even have these **questions**?





See detailed Syllabus & more @

**[jeevanvidya.info](http://jeevanvidya.info)**