

The Brief-view of the Stages in Madhyasth Darshan* pursuit

Students estimation (anumaan).

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**Mool Praneta evam lekhak - Shri A.Nagraj.*

Stage 1	Parichay #1 - Jeevan Vidya Parichay - Prathmik.
Content	Human Goal/ Purpose - Happiness, Resolution... Comes from knowing order in. <ul style="list-style-type: none">● Human : Self, Body, Activities, Problems, Solution.● Family, : Basic Feelings, issues. Resolution. 9 values/ 7 relations.● Society, 5 aspects, issues, desirable state.● Nature / Existence: 4 orders, 4 dimensions, space, units, coexistence.
Intent	<ul style="list-style-type: none">● Introduce that there is jeevan, in coexistence● Wants to know, be happy.● Connect to adhyayan / need
Outcomes	<ul style="list-style-type: none">● Ordinary delusions about Nature, Existence, Human Purpose & dimensions of Living clarified, synthesis, interconnections give intellectual rest.● Disturbances in various internal, familial, societal & ecological issues finds resolution-direction.● Need to understand becomes clear. - As solution to self, and worlds many problems.● Self-Attention, Scrutiny begins.● Sensitivity in Relationships inceases. Empathy with people better.● Relation with money and things improves.● Social-contribution quotient improves.● Ecological quotient improves.
Practices	<ul style="list-style-type: none">● Preliminary Reading/Watching/Attending shivirs.● Self & Body, needs, activities and program.● Relationships: Trust, Intention, mistakes we make: respect, etc. Self-regulation.● Things/Money: Price, Value, Utility● Self: Conditioning, adopted persona's, goals.

Stage 2	Parichay #2 “ Adhyayan Bindu Intro Shivir”
Content	<ul style="list-style-type: none"> ● Samadhan ● Astitva Darshan. ● Jeevan Gyan ● Maanviyata Purna Acharan ● Viveka, Vigyan ● Akhand Samaj, Sarvbhoum Vyavastha
Intent	<ul style="list-style-type: none"> ● Directly listen to the main Darshan Vastu ● Familiarize oneself to all the adhyayan bindu (44)
Outcomes	<ul style="list-style-type: none"> ● “Basic scope” of darshan vastu gained ● Bhasa, Abhasa of various aspects begins. ● Readiness for shastra-pathan, adhyayan / Samajhna avashyakta prathmikta.
Practices	<ul style="list-style-type: none"> ● Jeevan - Sharir bhed. ● Jeevan kriya bhasa ● Sambandh, Vyavhar mudde. ● Samaj vyavastha me bhagidari. ● Shastra intro

Stage 3	“Adhyayan Bindu Complete” -Mool Tatva Avlokan/ Foundation
Content	<ul style="list-style-type: none"> ● Gyan Viveka Vigyan details. ● Akhand Samaj, Sarvbhoum Vyavastha, 10 sopan details. ● Adhyayan, Abhyas marg familiarity ● Darshan Shastra text details. ● Beginners reading & media.
Intent	<ul style="list-style-type: none"> ● Summation of all major concepts
Outcomes	<ul style="list-style-type: none"> ● All Important words and concepts to focus on becomes clear. ● Summary-view: “Vastu connectivity” becomes clear. ● “Jagriti” based outcomes in Parivar & Samaj clarified. ● Readiness for full-pathan-adhyayan. ● <i>(shifting from bhoutik & samaj issues to self)</i>
Practices	<ul style="list-style-type: none"> ● Shastra Pathan ● Jeevan - Sharir bhed. ● Jeevan kriya swa-nireekshan begins ● Samaj vyavastha me bhagidari.

Stage 4	Pratham Pathan/Adhyayan Shivar.
Content	<ul style="list-style-type: none"> ● ४ दर्शन, ३ वाद, ३ शास्त्र, ● परिभाषा संहिता, संविधान, संवाद - कुल १४ पुस्तक
Intent	● 'मध्यस्थ दर्शन' सम्पूर्ण का प्रथम परिचय
Outcomes	<ul style="list-style-type: none"> ● Shabda-paribhasha comes in focus ● Layout of 'vastu' in darshan becomes clear. ● Comparison with prior beliefs/views.
Practices	<ul style="list-style-type: none"> ● Shastra Pathan: paribhasa ● Jeevan - Sharir bhed. ● Jeevan kriya swa-nireekshan ● Vyavhar me niyantran ● Karma-abhyas avashyakta ● Samaj vyavastha me bhagidari.

Stage 5	Shastra-bhyas Maturity
Content	<ul style="list-style-type: none"> ● Entire Published Literature + Audio + Video. - <i>multiple rounds.</i> ● Unpublished literature + sankalan
Intent	● Complete shravan-nishkarsh.
Outcomes	<ul style="list-style-type: none"> ● Shabd-Paribhasha-Vastu nishkarsh ka smaran me hona. ● Logical-view complete. Clarity on <ul style="list-style-type: none"> a. Janane-Manane ki vastu (sakshatkar) b. Pehchanne-Nirvaha (jeene) ki vastu c. Vyavastha, parampara ki vastu d. Adhyayan-abhyas Vidhi clear.
Practices	<ul style="list-style-type: none"> ● Shastra - paribhasha, <i>ek hi artha men.</i> ● Jeevan kriya swa-nireekshan ● Vyavhar ● Karma-abhyas pravesh ● Samaj vyavastha me bhagidari.

Stage 6	Ongoing Manan, Abhyas.
Content	<ul style="list-style-type: none"> ● All literature - <i>published + unpublished.</i> , all audios, videos. ● All sankalans, Shodh patras.
Intent	● Complete manan, start sakshatkar
Outcomes	<ul style="list-style-type: none"> ● Distillation of sakshatkar vastu, jeene ki vastu ● Self-correction, sanskar correction... ● Nyaya-dharma-satya prathmikta: ichha, vichar, asha me. -<i>shravan ke bhaavon me jeena, svayam hona. to become sakshatkar yogya.</i> ● <i>Citta tantrit jeevan.</i>
Practices	<ul style="list-style-type: none"> ● Chintanabhyas: mun, vritti, citta kriyaon ka kramsha drishta, mulyankan. ● Vyabharabhyas ● Karmabhyas ● Samaj vyavastha me bhagidari ● Shastra-bhyas

Stage 7	Avdharna.
Content	<ul style="list-style-type: none"> ● Artha
Intent	<ul style="list-style-type: none"> ● Stability in vastu - nyaya-dharma-satya ● “Dharana” sthapan.
Outcomes	<ul style="list-style-type: none"> ● Nyaya dharma satya desh evam tatva me citta-vrittiyon ka sanyant hona. - ● Manviyata purna jeevan ka prateeti purvak jeena, <i>apradh, anyaya, asakti ka abhava.</i> ● Atma bodh rahit buddhi tantrit jeevan. - pragya. viksit chetna gyan. ● Citta ke sanskaron/sweekritiyon ka drishta.
Practices	<ul style="list-style-type: none"> ● Chintanabhyas: citta, vritti,mun kriyaon ka drishta, mulyankan. ● Vyabharabhyas ● Karmabhyas

Stage 8	Bodh, Purna bodh
Content	<ul style="list-style-type: none"> ● Avdharna ka saar bhoot bhag.
Intent	<ul style="list-style-type: none"> ● Sthirta, Kendrikrut hona. ● Dhyan.
Outcomes	<ul style="list-style-type: none"> ● Viksit chetna #2 (dev) ka bodh. ● Prakhar pragya, atmanushasit jeevan. , nishtha. ● Drishta pad.
Practices	<ul style="list-style-type: none"> ● Chintanabhyas: buddhi, citta, vritti,mun kriyaon ka drishta, mulyankan. ● Vyabharabhyas - <i>prem.</i>

Stage 9 - anubhav, (*can/may occur along with purna bodh)

- drishta pad pratishtha, purnata.
- Manav, dev, divya manav pramanit hona.
- Sehaj nishtha.
- Practices: *Praman. Chintan, Vyavhar, Karma.*