

duration	topic	Month	Year
			2022
6 weeks	परिचय शिविर (recording or live) + शिविर नोट्स पठन	March	
4 weeks	सहअस्तित्व वाद परिचय (संकलन) - स्वपठन + QnA (अध्ययन बिंदु part)	April	
2 weeks	02 परिचय पठन सेट 2 - लेख - श्री ए.नागराज	May	
2 weeks	बाबाजी - १९९७ विडियो / जीवन विद्या एक परिचय	May	
4 weeks	जीवन विद्या एक परिचय / पठन	June	
4 weeks	अध्ययन वस्तु परिचय (संकलन) - स्वपठन + QnA (अध्ययन बिंदु full)	July	
2 weeks	04 परिचय पठन सेट 4 - अतिरिक्त लेख -श्री ए.नागराज	Aug	
1 week	Watch 'General Sessions' /विशेष प्रस्तुति from online adhyayan lecture series	Aug	
1 week	विकल्प + video lecture	Aug	
2 weeks	बाबाजी १९९९ विडियो + sah astitva vadi vigyan reading	Sep	
2 weeks	बाबाजी मूल तत्व विडियो - 'सत्संग'	Sep	
4 weeks	कर्म दर्शन - भाग २ - सहअस्तित्ववादी विज्ञान - पठन + Video lecture	Oct	
6 weeks	भौतिकवाद - chosen chapters + video lecture	Nov-Dec	
6 weeks	आध्यात्मवाद - full + video lecture	Dec-Jan	2023
2 weeks	Watch Babaji Videos	Feb	
8 weeks	व्यवहार दर्शन + video lecture	Feb-Mar-April	
6 weeks	समाजशास्त्र + video lecture	April-May	
1 week	भौतिकवाद = remaining chapters	May	
4 weeks	परिभाषा संहिता + video lecture	June	
4 weeks	अर्थशास्त्र + video lecture	July	
3 weeks	संवाद १	Aug	
1 week	Babaji Audio/Video	Aug	
3 weeks	संवाद २	Sep	
1 week	Babaji Audio/Video	Sep	
4 weeks	अध्ययन विधि शिविर	Oct	
2 weeks	Babaji Audios on this subject	Nov	
2 weeks	अनुभव दर्शन + video lecture	Nov	
4 weeks	मनोविज्ञान + video lecture	Dec	
4 weeks	अभ्यास दर्शन	Jan	2024
4 weeks	संविधान + video lecture	Feb	
	QnA, way ahead	March	
1 week	<i>navigating the information</i>		
	<i>navigating adhyayan stages</i>		
	<i>navigating life decisions</i>		
	Next Steps		
	option to continue to unpublished लेख	6 months	
	Continue to shastradhyayan goshti	ongoing	
	connects to manan goshti	ongoing	
	See link bit.ly/jvnavigation for journey		

	Notes		
1	Total Duration - Approx 2 years without breaks.		
2	~2.5 Years with 1 week Breaks per month		
3	Option to meet at local chapters: example: Gujarat, RJ, Dilli, Deogarh with local panel every 3 months for 3 days		
4	Full Group meeting once every year / summer / diwali vacations me		
5	Time per book is approximate and will be revised based on actual pace		
6	Time Table		
	अध्ययन		
	Group Reading -1 hr per day		
	Video Watching - 1 hr/day		
	Audio listening -1 hr /day (optional)		
	self reading additional - 1 hr/day (optional)		
	Weekends QnA - 4 hrs		
	अभ्यास -		
	<Reflect on, Implement theory during living at home (<i>vyavhar</i>) & during work (<i>karm</i>) the entire day>		