

jeevan vidya workshop (shivir) types

** The information below is to provide guidance of various types of shivirs in the study of Jeevan Vidya - Madhyasth Darshan. It is not binding, it is rather indicative of what to expect.*

*Shivir types Summary:

- I. **Jeevan Vidya Introductory Workshop = Parichay Shivir of 2 kinds**
 - a) Prathmik Parichay/ Preliminary Introduction
 - b) Adhyayan Bindu Parichay Shivir (Introduction to main study points)
- II. **Adhyayan Shivir / Study Shivir of Madhyasth Darshan of 2kinds**
 - a) Part Time (~ every 3 months for 10 days x 3 years)
 - b) Full Time (6 months, full time)
- III. **Goshti (Discussion groups) on Madhyasth Darshan of 2 kinds**
 - a) Adhyayan Goshti #1 To complete reading
 - b) Adhyayan Goshti #2 [avdharna] (To complete & verify ones understanding)

Shivir Type	Name of the Shivir	Purpose/Objective	Expected Reading
Jeevan Vidya Introductory Workshop = "Parichay Shivir"	"#1) Prathmik Parichay Shivir" = for 7 days (conducted in hindi, english, marathi, telugu, kannada, etc)	<ul style="list-style-type: none">• Communicate the need for qualitative improvement from animal to human consciousness• Establish need to Study the Alternative – Madhyasth Darshan	<i>* In English and Hindi:– 'JeevanVidya ek Parichay' and 'Vikalp'</i>

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	<p style="text-align: center;">“#2) Adhyayan Bindu Parichay Shivir “</p> <p style="text-align: center;"><i>= for 7 – 10 days</i></p>	<ul style="list-style-type: none"> • Familiarization with the 44 Adhyayan Bindu (44 Study Points) • Focuses only on the core content, basic tenets of Madhyasth Darshan (Coexistentialism) • Information on Knowledge: of Existence, of Jeevan(Self) & Complete-Human Conduct, Wisdom & Science • Need for ‘Adhyayan’/Study becomes clear 	<ul style="list-style-type: none"> - Adhyayan Bindu booklet -Samajshastra -Bhoutikvaad -Adhyatmvaad - Vyavhaar Darshan, Samvad
<p style="text-align: center;">“Adhyayan Shivir”</p> <p style="text-align: center;"><i>= Study Shivir of 2 durations</i></p>	<p style="text-align: center;">#1) Part Time Adhyayan Shivir –</p> <p style="text-align: center;"><i>= for 10 days every 3 months, completes in 2 to 3 years</i></p>	<ul style="list-style-type: none"> • Formal, In-depth, guided Study of Reality via the <u>15 books in Madhyasth Darshan Literature</u> • • Enables self-study of the literature and starts <u>the process of ‘Adhyayan’</u> • 	<ul style="list-style-type: none"> - All 15 books - audio-video
	<p style="text-align: center;">#2) Full Time Adhyayan Shivir</p> <p style="text-align: center;"><i>= 30 days a month, completes in 6 months, rigorous</i></p>		<ul style="list-style-type: none"> - All 15 books - audio-video

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<p>“Goshti ”</p> <p>= Discussion Groups of 2 kinds</p>	<p>#1) ‘Adhyayan Goshti #1’</p>	<ul style="list-style-type: none"> • Discussions on various aspects of reality in order to complete ‘reading’ and ‘logic’ • Start ‘Abhyas’ in addition to ‘Adhyayan’ (‘Practice in living’ along with ‘Study’) 	<ul style="list-style-type: none"> - All 15 books - audio-video
	<p>#2) ‘Adhyayan Goshti #2’ (avdharna)</p>	<ul style="list-style-type: none"> • ‘Have read,thought it through’: • Discussion, Verification and Correction of what one has understood and is living (jeena); • Discussions in order to have,verify & complete sakshatkaar (direct cognition-acceptance of reality). 	<p><u>- All 15 books</u></p>

Important notes:

- *The levels/stages of understanding in ‘jeevan’ or the ‘Self(I) ’ are as follows:*
 - **Glimpse** of Reality (bhaas),
 - **Semblance** of Reality (abhaas),
 - **Direct Cognition** of Reality (prateeti = sakshatkaar = avdharna) &
 - **Realization** of Reality (anubhav)
- *There is progressive improvement in these levels/stages as we proceed through the various phases of Adhyayan/Study depending on our **priority for knowledge/understanding.***
- *The information above is only meant as a high level guideline. ‘Adhyayan’ or ‘Study’ is a guided process between one who has understood (Teacher or Guru) and the Student.*
- *This is an iterative, not a linear process.*